



NAVA SPURTHI

Bangalore Region



Vol. XI/ I

NEWS LETTER

January - 2020

Maia Sadan, Regional House

“Happy New Year to You! We wish that the year 2020 brings the warmth of love and illuminates your path of life towards a positive direction”.

HEARTY CONGRATULATIONS DEAR GOLDEN JUBILARIANS!



We were happy to have our golden jubiarians from COIN to celebrate their day with a meaningful Holy Eucharist followed by a fellowship meal.

“The good you do today may be forgotten. Do good anyway.” This is the message of Mother Teresa. We believe in her words as we are actively involved welcoming visitors and guests to our house from different parts of India and abroad. Sr. Alphonsa C. J our senior most, with her presence, prayers and wit make the guests happy and conveys the message that suffering is a way to success and blessings.

Our students in Maria Sadan are very busy with their double responsibilities. They do it joyfully with the help of Sr. Cyrilla in our Regional House.

Sr. Daisy had gone to Patna provincial house for COIN meeting. After the retreat she went to Kerala for visitation and was back to the community for the Christmas celebration.

We are blessed to have Holy Eucharist daily. The Claritian priests who offer Mass for us give a message through a short homily. Our community believes in the practice of common prayers.”The Heart of Christ cannot be closed, because it is too full of love and too full of compassion”. We reflected and prayed during the season of advent, that the incarnate love of Jesus and the blessing of Virgin Mary may help us avoid every sin and remain pure. We had a good Christmas celebration with our C.J student sisters from other provinces. We wished each other to be joyful in hope, patient in affliction and faithful in prayer.

We had a good New Year celebration and prayed to Mother Mary for her guidance all through the year.

Mary Ward Sadan, Puthenvelikara

On 2nd October we received the **sad news** of the death of Sr. Mahima’s mother. Three of us attended the funeral service on 3rd. **Sr. Bernie** on transfer was reached to Pizhaku on 8th by three of us and we were happy to meet Sr. Ursula who always waits to meet her old friends.

On 15th the community had the presence of **Sr. Prisca** who was on treatment for her knee problems . After 10 days of physiotherapy and impressed by the recovery she

went to Patna and is to return in the month of January to meet the Doctor again in St. James Hospital, Chalakudy.

Srs. Imma and Esther accompanied by **Sr. Georgia** travelled to Mulund on 26th October for their 8 days annual retreat.

Srs. Rosalia and Elsa travelled to Allahabad on 22nd to attend the workshop on Just Soul Vision conducted by Sr. Jane Livesey. They are grateful to her for the rich experience she shared with the participants in spite of her busy schedule. We salute you dear Sr. Jane.

As tradition holds, during the month of Rosary, the Statue of Our Lady was brought to the convent by the parishioners, recited the **Rosary** and was taken back to the parish church in procession. Like every year the school prayed 10 days Rosary, each class taking it in turn.

Three of our **Sisters of Patna Province** studying in Mangalore stayed with us for three days as they had their holidays after their first semester exam. A good start for the unification of Indian Provinces.

Children's Day was celebrated on 14th November. The teachers entertained the students with a short entertainment programme and the Management distributed a laddu each to them. During the Prayer service the teachers highlighted the importance of Patriotism taught by Nehru, the First Prime Minister of India, who loved children much and whose Birth Day is commemorated on that day.

The **School Annual Day** was celebrated on 23rd November. The Chief Guest for the day was Shri Hiby Eden M. P. The Programme was well appreciated by the parents and well wishers.

Sr. Daisy came to us on **visitation** on 16th December. Srs. Daisy, Elsa, Amala and Theresa attended the **funeral service of Sr. Prisca's brother** at Palakad. It gave us sense of both happiness and satisfaction to attend the service in the absence of Sr. Prisca who couldn't be present there.

The Friends of Mary Ward visited two Homes for the Aged, one in Assisi Bhavan, Puthenvelikkara and the other in Vadakkumpuram run by SMMI Sisters. On both visits

the students entertained the inmates with various programmes and distributed food items.

The School closed for Christmas Holidays on 23rd having had a good **Christmas Programme** by the students. Various competitions were also held based on Christmas 25th December **Sr. Esther** was hospitalized at St. James hospital, Chalakudy. She was diagnosed with **Pneumonia** and was discharged on 1st January 2020. Srs. Georgia, Elsa and Mahima took it in turns to stay with her in the hospital. Sr. Esther is advised to take rest for a month. Special thanks to Srs. Rose Mary (on holidays) and Alma (Thuruthipuram) who rose to the occasion in helping us out by staying in the hospital with Sr. Esther in our dire need.

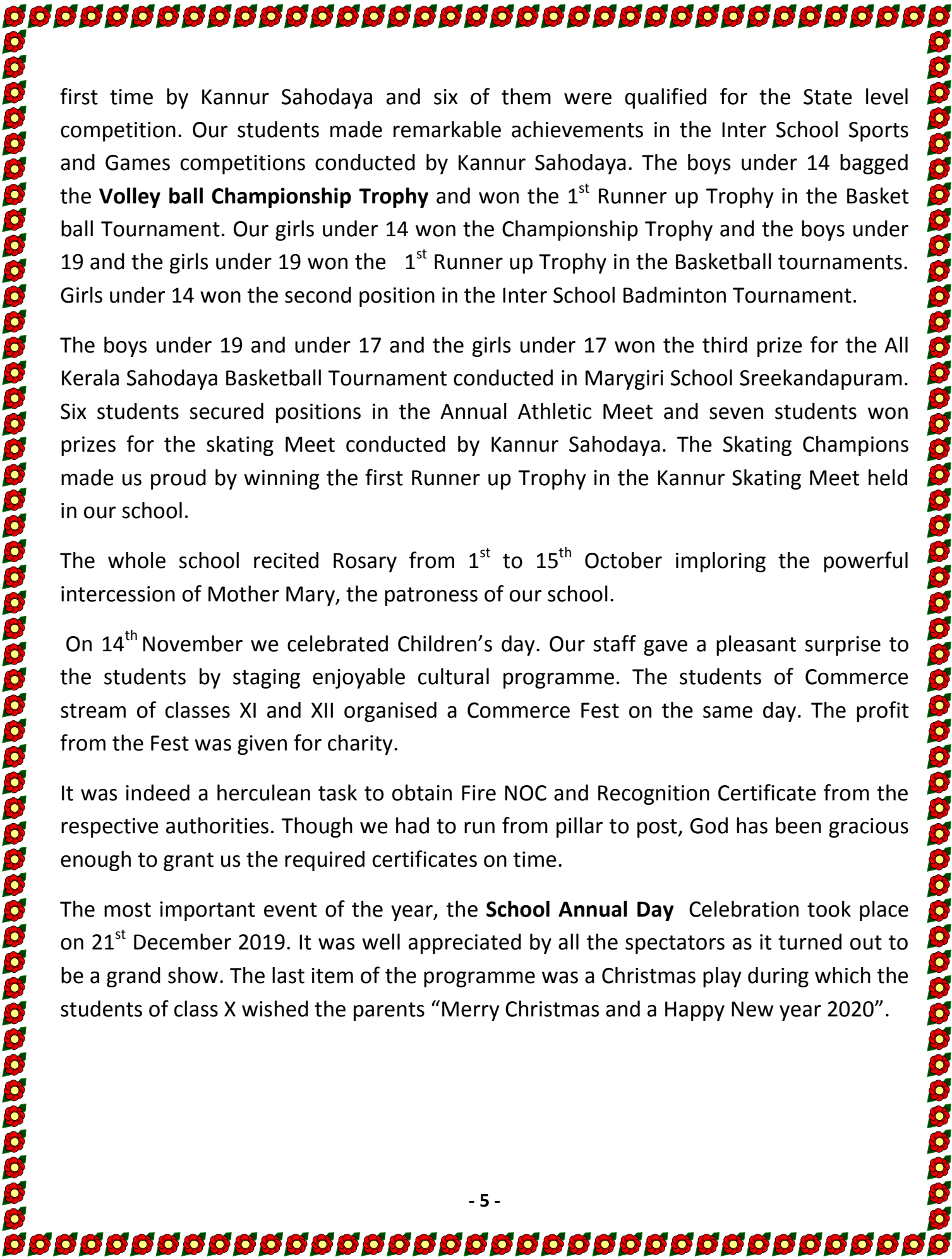
St. Mary's Convent, Alakode

We had a twin celebration on 31st August as we combined both **Teachers' Day** and **Onam** celebrations. The students entertained the teachers by putting up a colorful cultural programme. The PTA Executive members took special care to wish the teachers with flowers and gifts. They also served "**Payasam**" for the students. The highlight of the day was the **Inter House Tug-Of- War** competition conducted both for boys and girls.

We organised **Kids Fest** for the KG and students of primary sections on 25th July and **cultural Fest** for classes V - XII on 24th August. We also conducted **literary and drawing competitions** for the whole school. **A fancy dress competition** was organised for the tiny tots of KG section and prizes were distributed.

Apart from intra-school competitions that are scheduled on a regular basis, the students are encouraged to participate in various inter school competitions. Hearty Congratulations to our students who brought laurels to the school by winning prizes in various Inter School competitions.

Among our 22 students who participated in **Kannur Sahodaya cultural Fest**, six of them were qualified for the State level competitions and sixteen of them secured "A" grade. 13 students participated in "Lingua Fanta" or "**English Fest**" which was organised for the



first time by Kannur Sahodaya and six of them were qualified for the State level competition. Our students made remarkable achievements in the Inter School Sports and Games competitions conducted by Kannur Sahodaya. The boys under 14 bagged the **Volley ball Championship Trophy** and won the 1st Runner up Trophy in the Basketball Tournament. Our girls under 14 won the Championship Trophy and the boys under 19 and the girls under 19 won the 1st Runner up Trophy in the Basketball tournaments. Girls under 14 won the second position in the Inter School Badminton Tournament.

The boys under 19 and under 17 and the girls under 17 won the third prize for the All Kerala Sahodaya Basketball Tournament conducted in Marygiri School Sreekandapuram. Six students secured positions in the Annual Athletic Meet and seven students won prizes for the skating Meet conducted by Kannur Sahodaya. The Skating Champions made us proud by winning the first Runner up Trophy in the Kannur Skating Meet held in our school.

The whole school recited Rosary from 1st to 15th October imploring the powerful intercession of Mother Mary, the patroness of our school.

On 14th November we celebrated Children's day. Our staff gave a pleasant surprise to the students by staging enjoyable cultural programme. The students of Commerce stream of classes XI and XII organised a Commerce Fest on the same day. The profit from the Fest was given for charity.

It was indeed a herculean task to obtain Fire NOC and Recognition Certificate from the respective authorities. Though we had to run from pillar to post, God has been gracious enough to grant us the required certificates on time.

The most important event of the year, the **School Annual Day** Celebration took place on 21st December 2019. It was well appreciated by all the spectators as it turned out to be a grand show. The last item of the programme was a Christmas play during which the students of class X wished the parents "Merry Christmas and a Happy New year 2020".



We were happy to welcome Srs. Jumila, Sarina and Gracel to our community for a few days. They are doing BSW in Mangalore and they belong to Delhi and Patna Provinces respectively. We were also happy to have with us Sr. Vandana from Patna province who was on her Christmas holidays. Her presence indeed added joy to our Christmas Celebrations.

The construction of the magnificent St. Mary's Forane Church, Alakode is being completed. The Blessing of the Church will take place on 20th January 2020. You are cordially invited to participate in this grand ceremony. Srs. Anisha and Lucia participated in a Farmers' Protest Rally at Kannur organised by "Karshaka Congress" of Thalassery Diocese.

Mary Ward Convent, Pizhaku

Teachers' Day was a golden opportunity for the students to express their love and respect to their Gurus.

The day began with Holy mass. During the sermon the celebrant thanked the great and noble service which the teachers render to the society in moulding the future citizens of our country. The members of the managing committee were the Guests of the day. After the Holy mass the students put up a variety entertainment programme. It was followed by a sumptuous meal for the teachers.

Onam was celebrated with House wise flower carpeting, Thiruvathira & Patriotic song. The Chief Guest of the day was our Panchayat President Mr. Jaison Puthenkandathil and the Guests of Honour were our Ward member Smt. Bindu Satish, PTA President and other PTA Executive members. The Guest of the day gave a beautiful message to the students. During the programme the Panchayat President and PTA President awarded the winners with certificates. After that the staff and students were served the onam special, Payasam. The staff gave Onnasadya (Onam special lunch) for PTA Executive members..

Linguistic Fest was held on 28th September. All the students participated in different competitions like English Essay writing, English Poem writing, Pencil Sketch, Scenery drawing, Cartoon drawing, Advertisement etc.

On 3rd October we celebrated Sr. Borgia's feast. On the same day Srs. Basilia and Borgia visited Sr. Mahima's house to pay homage to her mother.

This year on 5th October 2019, the Cultural Day of Nirmala Public school was celebrated with much zeal and enthusiasm. In the Inter House competitions, the students showed their talents in a variety of events like Group song, Solo song and Solo dance, Classical dance, Cinematic dance, Folk dance, Cinematic song, Devotional song, Declamation, and English Speech. It was an exciting day for all the participants and finally when the results were announced, the tempo reached its peak.

Each student voluntarily put one rupee per day in the I-share box. As part of the first term project an amount of Rs. 15,020/-was collected. Under the leadership of PTA President Mr. Jaison Plackannickal and other executive members 25 Onam kits were purchased and distributed to 25 poor families around the school.

On every Thursday the students give 125 lunch packets to an old age home, Kunjachan Missionary Bhavan, Rampuram. Class X students collected some goods for “Pala Care Homes” and handed it over to Mr. Joy on 19th December.



In the school, the students are trained in farming. The students of Class IX are taught how to cultivate vegetables as part of their **Socially Useful Productive Work**.

On 10th October the students of class X students, along with teachers went to Goa on a study tour. They returned on

13th October.

The **Annual Athletic Meet** was held in October. Students and teachers took part in various disciplines with a lot of enthusiasm and spirit of sportsmanship. We had our



Sports Day on Two days. On 25th October we had Primary Section's sports and on 26th we had Seniors' Sports day. Master Leo Doji and Kumari Anjo Sajoy were declared as the Champions of the year. The winners were awarded with certificates of Merit and Medals. We celebrated Kerala Piravi on 1st November

with a beautiful Prayer Service conducted by Tagore House. During the prayer Service the students high lighted the origin of Kerala and its culture. After the prayer service there were Poem and Essay writing competitions in Malayalam. Children showcased their talents in creative writing marvelously.

On 10th November Sr. Suma and Sir Madhu accompanied 10 of our students to Mumbai to participate in the Inter school Mary Ward Fest. The Mary Ward fest concluded with Mumbai Darshan. They really enjoyed their trip.

Nirmala Public school's Children's Day celebration was grand. The school was decorated by teachers to wish the young minds of NPS. The celebration started with a meaningful prayer service. Special prayers were offered for the students. There were many programmes on the stage to entertain the students. The Manager Sr. Basilia wished all the students 'Happy Children's day'. At the end of the day, the students were given sweets. Thus Children's day was made special and memorable for them.

Sr. Lima C.J conducted a Seminar on "Protection of Children from Sexual Offences" for students and teachers. Sister educated us about POCSO Act 2012, which was established to protect the children against offences like sexual abuse, sexual harassment and pornography.

On 9th December we celebrated Sr. Suma's feast with a beautiful prayer service.

On 13th December the school had **Annual Day** celebration.

The Chief Guest was Dr. Cyriac Thomas. We were happy indeed to have the presence of our Regional Superior Sr. Daisy. All those who came in for the programme appreciated the



performance of the students and thanked the management and staff for the wonderful value based programme. On 16th Sr. Daisy left for Puthenvelikara after having spent a couple of days with us.

On 20th December we celebrated Sr. Nelcy's birthday with a meaningful Holy Eucharist.

On 21st December the school celebrated Christmas with a meaningful prayer service conducted by Nehru House and followed by Inter House Carol Singing Competitions for Seniors and Juniors. The celebrations ended with Christmas Lunch for the staff. The day ended by exchanging the gifts for our Christmas friends. The school is closed for Christmas Holidays

Mary Ward Illam, Mittapalli

Celebrations - On 1st September some of us participated in the holy mass and supper at Sacred Heart College Thirupathur on their **Congregation Feast Day**. We inaugurated our **Former Students' association**. It was joy for us as some former students from all the batches turned up and happily stayed on till the end of the programme. Srs. Japa and Sanjana conducted the programme and Srs. Deepti and Smitha addressed them and enlightened them with their messages.

On 5th September **Teachers' Day** was celebrated. There was a meaningful and creative prayer service on the theme – *Teachers are like rainbow*. After the entertainment programme the teachers had lunch and gift. On the 10th Sr. Lawrentia's feast was celebrated as she was away on the real day. The students of class XII had their trip to Ooty. Srs. Deepti, Smitha and Sanjana joined them.

On 5th October the school celebrated **Sr. Japa's Silver Jubilee**. On 7th October we celebrated Sr. Japa's Silver Jubilee. Six priests concelebrated the Jubilee Mass. Sr. Daisy, Srs. Cyrilla and Rupaili from Maria Sadan, Srs. Anjali, Auxilia and Shradha, from Begur, a good number of relatives, friends and well wishers joined us for the Jubilee Mass and lunch.

Face-lift- The convent yard, cows' shed, and hens' shed etc got a little face-lift in November.

Sr. Smitha and teacher Mrs. Uma Maheshwari accompanied our ten students to Mulund for C. J. Fest and came back with a great feeling and prizes.

This year, the Teachers had their outing to Ooty which they enjoyed much.

On 21st December the school had **Christmas prayer service and celebrations** in the morning. The Teachers had high tea. The supportive staff had their celebration in the convent in the evening. Sr. Usha joined us for Christmas celebrations as she got holidays from B.Ed. College, Vellore.

On 22nd we participated in the Christmas celebrations of Dharmapuri CRI at Pastoral Centre, Dharmapuri.

ST. MARY'S CONVENT, MULUND

Farewell : On 13th August, we bid farewell to one of our Pre-Primary teachers, Mrs. Dorothy Lobo, who served our school for 26 long years. The school offered thanksgiving prayers for Mrs. Dorothy's commitment to the Institution, especially to the tiny tots and prayed for a happy and relaxed retired life for her. Her family members, including her 83 years old mother shared in our joy and thanksgiving.

Independence Day: On 13th August we had House-wise patriotic singing competition in anticipation of India's Independence Day. On 15th at 8.15 am we had the flag hoisting. The chief guest for this auspicious occasion was Mrs. Dorothy Lobo, our Pre-Primary teacher. She delivered her message to the staff and students during the prayer service. Special prayers were offered for our leaders and the citizens of our country.

Picnics: Students of Std. 5 to 8 along with their teachers went for their annual picnic to Yazoo Amusement and Water Park on 20th August and students of Std. 9 & 10 went to Aquaimagica on 23rd August. Both groups enjoyed the fun and frolic.

Parish Feast: In preparation for the Parish Feast, we had Triduum from 22nd to 24th August. The theme for the first day was –'Eucharist – strength for children'; for the second day – 'Eucharist – strength for youth' and for the third day – 'Eucharist – strength for family' and the theme for the feast day- on 25th was – 'Eucharist – strength for community'. Bishop Allwyn D'Silva was the main celebrant. The celebrations concluded with Parish Fete in the evening in our school hall with exciting events including singing, dancing, spot prizes, games stalls, food stalls etc. It was indeed an enjoyable evening as the whole parish family celebrated together.

Open Day: Parents flocked in to see the academic performance of their children, as we had the open day for all the standards on 31st August.

Teachers' Day: Teachers' Day was celebrated on 7th September. On this auspicious occasion, we had prayer service and entertainment programme, as a unique expression of affection and gratitude by the students for their teachers. The celebration culminated with a delicious lunch for the staff.

St. Mary's Day: This year St. Mary's Day was celebrated on 9th September. To mark this occasion of our Mother Mary's birthday we had prayer service, followed by a colourful

and energetic House-wise folk-dance competition. The dances were awesome and fabulous.

On 18th September, Sr. Divya returned to the community after having spent a month in Ireland with Loreto sisters.

Our students bagged one gold medal and two bronze medals in DSO Karate. Jessica of Std. 8 got qualified to play at State Level. In T-Ward Competitions, we bagged third prize in Junior group folk dance competition and first prize in English Reading Competition. Congratulations to our students. You have made us proud.

Our First Term Exams commenced on 4th October and ended on 19th October and the school closed for Diwali vacation. The School reopened on 6th November.

During the Diwali Vacation, from 28th October to 5th November, we had our annual retreat guided by Fr. Robin S. J. of Delhi Province. Sisters from the other communities Srs. Esther, Imma, Basilia, Borgia, Lawrencia, Deepti, Lima, Georgia, Jyotsana and Rupali too joined in the retreat. We were renewed and spiritually refreshed after the retreat.

Bangalore Regional C J Fest at St. Mary's Mulund

On 11th November participants of the CJ Fest, 10 students each from Begur, Mittapally, Alakode, Puthenvellikara and Pizhaku schools accompanied by a teacher and a sister from each school arrived. Srs. Smitha, Auxilia, Mahima, Shirley and Suma represented their schools. On 12th at 8.30 am our students welcomed the participants in the



traditional manner with lezim and aarti. Each school marched towards the auditorium with their school flag. After the prayer dance and welcome speech, each sister and teacher from other schools were welcomed with a card. After the keynote address by Sr. Daisy, our Regional Superior, **Sr. Vinita CJ**, Nepal Region, our resource person took sessions on our foundress Venerable Mary Ward and our charism.



After supper, during the camp fire, students exhibited their talents through traditional dances and enjoyed themselves. On the second day there was a quiz on Mary Ward. Mary Ward School, Puthenvellikara bagged the first position, Mary Ward School, Mittapally second position and St. Mary's School, Mulund third position. The CJ Fest concluded with prize distribution. Mementos were given to all. The next day the students along with their teachers and sisters went for Mumbai Darshan.





Children's Day: Since Children's' Day was on a Thursday, we had the celebration on 15th November. We had a meaningful prayer-service, imploring God's blessings on our students and children all over the world. There was an entertainment programme,

which was initiated by the teachers. The children were given chocolates. They had a fun-filled and memorable day. Some of our Former students also visited the school to relive their past memories.

Annual Day: On 7th December, the Secondary Section had Annual Day Cultural programme at 3.30 pm. Mr. Vijay D'Costa and Mrs. Suman D'Costa, parents of our SSC Topper Miss Rachel D'Costa were the chief guests. It was an awesome programme which exhibited the multi-talents and gifts of our students.

P.T. Display: Pre-Primary and Primary sections had P.T. Display on 14th December at 9 am. Fr. George Athaide, our Parish Priest was the chief guest on this occasion. Mrs. Manorama Palav, one of our supporting staff, was felicitated for her 25 years of dedicated service to our school. The colourful and creative Display was well appreciated by the parents and invitees.

Christmas celebration: On 21st we had our Christmas celebration with prayer service, exchange of Christmas gift to our Christmas friend. Cakes were distributed to students. There was a special prayer for the staff, followed by snack party. The school closed for Christmas vacation and will reopen on 3rd January, 2020.

ST. MARY'S CONVENT SCHOOL , BEGUR

Contribution to the needy - The Leaders and Animators of JPIC & Friends of Mary Ward club took the initiative to collect things for the needy. The students shared the things generously and gave them to the Home run by the Prison Ministry of India for the children of the prisoners.



St. Mary's Day The School observed the feast of Nativity, the Patroness of our school, with a prayer service seeking the intercession of Mother Mary. During the latter part of the day we had the Drawing competition for classes 1 to 8.



Teachers' Day The School Celebrated the Teachers' day with fun & glee. The students honoured their teachers & expressed their affection through variety entertainment.

Competitions

Individual and Class wise competitions like Solo Dance, Quiz competitions were held in the month of October & November to discover the talents and abilities of the students and to make learning more interesting. The winners were awarded for their efforts with lovely trophies and certificate.

Children's Day: Children's day is one of the best days of the year that children look forward to.

On November 14th, the School management & staff made the children feel very special. They were blessed with flowers. The variety entertainment programme left the children mesmerized. They were very thrilled and overjoyed to see their teachers entertaining them with their performance.



Wonders of Childhood: We celebrated our **Annual Day** on 21 December. Mr. D. S Antuvan, a senior scientist at ISRO, Trivandrum, the Chief Guest of the Annual Day Programme, spoke on the theme – Wonders of Childhood. He said that he cherished the 50-year old memories of the school days. The reminiscences of school days rekindle his mind and it would continue till the end of life. The events of learning, games, competitions, mingling with students and interaction with staff members could remain as immortal and abiding experiences. Most important of all, prayer, catechism or moral science help bring reverence to God. All this gamut of events shape the children of today to become adult citizens of tomorrow. He cited a quote from Dr Kalam and requested all students to repeat it after him:

“Where there is righteousness in the heart, there is beauty in the character. When there is beauty in the character, there is harmony in home”.

International Year of Plant Health 2020

